



Student's Name _____ Teacher _____

Dates Ordered: _____

TOTAL # of days _____ **x \$4 = \$** _____ **(enclosed)**

Parent/Guardian name (Print) _____ Signature _____

Parent/Guardian contact phone number _____

SIGN and RETURN this PERMISSION FORM by end of day

Sept 23



-----Keep bottom portion for your info.-----

Day	Date	Lunch	Snack
Mon	28	PRO-D - No school	
Tue	29	Homemade Cheese Pizza	Fruit cup
Wed	30	Chicken Ceasar Salad	Apple Wedges
Thur	1	Egg Salad Sandwich	Carrots & Melon Slice
Fri	2	Baked Chicken Breast Strips & Dip -hot	Fresh Fruit & Veggie
Mon	5	Pizza Cheese Bagel	Cauliflower/Grapes
Tue	6	Teriyaki Chicken Stirfry over Rice -hot	Apple Sauce
Wed	7	Chicken & Veggie Quesadilla	Cucumber/Orange wedges
Thur	8	Macaroni & Veggie Pasta Salad	Melon slice
Fri	9	Bbq Meatballs & Veggie over Rice -hot	Apple Wedges
Mon	12	THANKSGIVING - NO SCHOOL	
Tue	13	Cheddar Cheese Perogies -hot	Veggie/Applesauce
Wed	14	Chicken Breast Burger	Carrots/Honeydew Melon
Thur	15	Caesar Salad topped with diced chicken breast	Apple Wedges
Fri	16	Spaghetti & Meatsauce -hot	Fresh Fruit & Veggie
Mon	19	Homemade Cheese Pizza	Carrots/Apple Sauce
Tue	20	Mexican Chicken & Veggie Burrito -hot	Fruit Cup
Wed	21	Roast Turkey & Cheese Sub	Fresh Fruit & Veggie
Thur	22	Chefs Salad-Turkey,Egg,Cucumber,tomato,lettuce,dressing	Orange wedges
Fri	23	PRO-D - No school	
Mon	26	Pizza Pretzle with mozza cheese & tomato sauce	Carrots/Grapes
Tue	27	Cheeseburger -hot	Yogurt Tube
Wed	28	Baked Chicken Breast Strips & Dip	Fresh Fruit & Veggie
Thur	29	Cheese & Crackers with veggies & dip	Orange wedges
Fri	30	Chicken Chow Mein	Fresh Fruit & Veggie

- Cost for the full month is **22 lunches x \$4 = \$88**
- Cheques are made payable to Bert Edwards Science & Technology School
- Please keep Meals monies separate from other school fees
- Order forms with Parent/guardian signature are required for each month

Sorry...no late orders accepted after September 25th