



Student's Name _____ Teacher _____

Regular Meals Dates: _____

Veggie Option Dates: _____

TOTAL # of days ordered _____ x \$7 = \$ _____

Parent/Guardian name _____ phone # _____

Please sign and return top portion of form by

NOVEMBER 22th

-----Keep bottom portion-----

Day	Date	Regular Meal	Veggie Meal	Snack
Mon	2	Holiday		
Tue	3	Hotdog	Veggie Dog	Yogurt and Granola
Wed	4	Chicken Nuggets	Veggie Nuggets	Carrots and Dip
Thu	5	Broccoli Mac & Cheese		Celery and Dip
*Fri	6	Crispy Chicken	Chickpea Caesar Wrap	Apple Slices
Mon	9	Cheese Pizza Bagel		Apple Slices
Tue	10	Waffles w/ bacon	Waffles w/ fruit salad	Yogurt and Granola
Wed	11	Cheese Burger	Veggie Burger	Carrots and Dip
Thu	12	Three Cheese Pizza		Cucumbers and Dip
Fri	13	Pita & Tzatziki		Veggies
Mon	16	Ham Bunwich	Red pepper Bunwich	Fresh Fruit
Tue	17	Grilled Cheese		Carrots and Dip
Wed	18	Chicken Curry on Rice	Cauliflower Curry on Rice	Celery and Dip
Thu	19	Chicken Veggie - Burger	Veggie - Burger	Fruit Cup
Fri	20	Crunchy Chicken Ranch Wrap	Chickpea Ranch Wrap	Fruit Cup

- Cost for the full month is 14 lunches x \$7 = \$98
- Cheque or cash only. Do not combine with PAC money. We do not have Online payments available
- *BEST PAC Hot Lunch MOON WOK is on December 6. Please pay PAC separately
- Main meal and side are both served at lunchtime. Please pack a snack for recess break

Sorry...no late orders accepted after November 22th