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Student's Name _____ Teacher _____

Regular Meals Dates: _____

Veggie Option Dates: _____

TOTAL # of days ordered _____ x \$7 = \$ _____

Parent/Guardian name _____ phone # _____

Please sign and return top portion of form by **OCTOBER 2nd**

-----Keep bottom portion-----

Day	Date	Regular	Veggie	Snack
Mon	7	Turkey Bunwich	Roast red Pepper Bunwich	Apple Sauce
Tue	8	Hotdog	Veggie Dog	Veggies and Dip
Wed	9	Crispy Chicken Wrap	Chickpea Caesar Wrap	Fresh Fruit
Thurs	10	Chicken Curry on Rice	Cauliflower Curry on Rice	Apple Slices
Fri	11	Pasta Salad		Fresh Fruit
Holiday				
Tue	15	Pizza Pretzel		Yogurt and Ganola
Wed	16	Beef and Cheese Burrito	Bean and Cheese Burrito	Fresh Fruit
Thur	17	Chicken Teriyaki Stir Fry on Rice	Veggie Teriyaki Stir Fry on Rice	Fruit Cup
Fri	18	Crunchy Chicken Wrap	Chickpea Ranch Wrap	Fresh Fruit
Mon	21	Tzatziki and Pita		Apple Slices
Tue	22	Perogies		Veggies and dip
Wed	23	Chicken Burger	Veggie Burger	Fresh Fruit
Thur	24	Chipotle Chicken Wrap	Chickpea Wrap	Fresh Fruit
Pro D Day				
Mon	28	Pizza Bagel		Yogurt and Granola
Tue	29	Cheese Burger	Veggie Burger	Veggies and Dip
Wed	30	Thai Noodle Salad		Fresh Fruit
Thur	31	Spaghetti w/ Tomato Basil Sauce		Veggies and Dip
Fri	1	Egg Salad Sandwich		Fresh Fruit

- Cost for the full month is **18 lunches x \$7 = \$126**
- Cheque or cash only. We do not have Online payments available
- Order forms with Parent/guardian signature are required for **each month**
- Please pay PAC lunches separately and do not combine with school meal orders
- Main meal and side are both served at lunchtime. Please pack a snack for recess break

Sorry...no late orders accepted after October 2nd